



Dark, atmospheric, and laced with elements of Irish folklore, *Her Shadow Side*, is psychological horror that explores the thin, terrifying line between myth and madness and what happens when a woman loses herself on both sides of it.

For lovers of *Little Darlings* by Melanie Golding and *Sundial* by Catriona Ward

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What if the old stories are true? And worse, what if they aren't?

When eighteen-year-old Josephine flees her abusive mother and the third-floor bedroom she was locked in, she hopes to start a fresh, simple life with her boyfriend Ben and their unborn child in a quiet northern town. But some wounds don't stay buried for long.

Though hopeful, Jo continues to see shadows no one else can see—hear whispers only she remembers from her childhood: the stories her beloved grandmother once whispered to her in the dark about the Fae.

After a devastating loss, Jo spirals. Reality bends. The shadows whisper. And the line between grief and madness begins to blur. As her mind fractures under the weight of old stories and new trauma, Jo clings to her grandmother's folklore like a lifeline until she can no longer remember where the stories end and where she begins.

A haunting tale of sisterhood, motherhood, and the stories we tell ourselves to survive, *Her Shadow Side* is a chilling descent into folklore-fueled delusion and a woman's unraveling mind.

Community Review

I am shook!!! In all the best ways. So many moments where I gasped out loud. **It had nightmare qualities and moments that made your skin crawl in the creepiest ways.** I also loved how real and raw Jennifer wrote pregnancy and motherhood. There were times where I teared up just feeling so seen in how painful motherhood can be at the beginning, things that people don't talk about, things that are kept behind locked doors in your brain... and there it was written out. It made it feel less lonely. **I truly couldn't put it down.** Highly recommend for anyone that loves horror!!! Reminded me a bit of **Grady Hendrix** in a way but you could tell this was written by a woman because no one can get pregnancy/birth/motherhood quite as beautifully and real as a mother herself.

About the Author

Jennifer West lives in British Columbia, Canada with her husband and three daughters. When she's not painting glitter onto little girls' eyelids or reading, she is cohosting the In Her Good Books podcast and hiking the mountains of the Okanagan. In 2018, she opened her own coffee shop so that she would have a place to write and that's where you can usually find her - writing horror and pouring latte art.

